

**PRINT: Last Name, First Name**



## North Country Mission of Hope<sup>SM</sup>

*Working Together to Improve Lives*

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### Mission of Hope Dress Code

Rationale: Mission of Hope volunteers are not tourists and are not local Nicaraguans. They/we are missionaries committed to a higher standard in all aspects of our involvement with the Mission of Hope, including appearance and behavior. In order to insure proper dress and to support the Mission objectives, the following guidelines have been established by the North Country Mission of Hope Leadership team:

- Mission T-shirts must be worn during travel and at all designated Mission events.
  - Traditional sleeved T-shirts with mission logo or appropriate logos or writing are required at all time while on Mission, on assignment, traveling, etc.
  - No tank tops, no sleeveless shirts, undershirts or blouses, no short tips, no low necklines, no rolled up sleeves. You must insure that there is no exposure of back, or lower areas when bending over.
- Length of shorts, pants, etc;
  - Shorts must be no shorter than 3 inches above the knee. Any shorts, including athletic shorts, will not be rolled up.
  - Capris and long pants are very acceptable and encouraged, especially on offsite activity days. Skorts, skirts and culottes are appropriate during some activities, but must also comply with designated length, i.e., no more than 3 inches above the knee.
- Shoes or sneakers with socks are required when away from Nicasa, our Mission living facility.
  - Flip flops and sandals and any open back or open toes shoes are allowed only in Nicasa or in the pavilion area for meetings.
  - Sneakers or shoes with socks are required when involved in any other activity, work assignment, etc. This included play time with local children, walks around the area, etc.
- Minimal use of cosmetic and perfumed products.
  - Make up, excessive perfume, cologne, after-shave lotion, flashy jewelry, etc. are not allowed. The expectation is simplicity...clean and neat.
- Boxer shorts and T-shirts are acceptable dress for bed. There will be no spaghetti straps or inappropriate short nighties, etc.
  - Nightwear, bedtime clothing will not be worn outside the dorms.
- Only one shower a day is allowed unless deemed a medical necessity, in order to witness to conservation of water and justice for the poor.
- Anyone traveling as a Mission volunteer, coordinator or supervisor, or an A team member who travels at times other than those designated as large group travel, must also abide by this code of dress.
- The code of dress is required whether staying on Nicasa site or staying off-site for assignment/mission reasons.
- Anyone not abiding by these guidelines will be asked to change clothing, including changing into generic "extra" clothing on site.
- Repeated violations could result in dismissal from Mission.

I have read, understand, and will abide by this code of dress.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_