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## North Country Mission of Hopesm

Working Together to Improve Lives

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## POLICY FOR INFECTION CONTROL

Prepared by Mission of Hope Medical Committee, July 2009. Adopted by Leadership Team October 15, 2009. Drawn from guidelines issued by the Centers for Disease Control.

## **Procedures for Missioners**

The following procedures are designed to prevent and/or limit the spread of serious infectious disease amongst missioners and <u>must be adhered to</u> during Mission trips.

- 1. **Decontamination:** Foremost, frequent hand washing and use of hand sanitizers is mandatory. In particular, washing and/or hand sanitizing throughout the day is crucial after bathroom use, sneezing or coughing, and direct contact with others, including such things as yard play with children. Missioners are expected to wash their hands immediately upon returning to the compound from outside sites. In addition, a member of the kitchen crew will ensure that everyone entering the dining area will re-apply hand sanitizer.
- 2. **Disinfection:** The bathroom cleaning procedures will be explained and will be prominently posted on site. These include use of water and bleach solution and wearing gloves for cleaning duty. Similarly, the posted kitchen procedures are effective, and include sanitizing personal water bottles and disinfecting food service items.
- 3. **Respiratory Hygiene:** Missioners are reminded to cough and sneeze into their sleeves and not their hands. In the sleeping quarters, if needed, beds will be made up so that missioners sleep head to toe in an alternating fashion to limit the spread of respiratory pathogens.
- 4. **Use of masks:** In the event of a serious respiratory infection, missioners who are coughing may be instructed to wear masks. Personnel assisting or cleaning in any isolation rooms will also be required to wear masks. Unless advised by the medical team, individuals should <u>not</u> independently decide to wear masks to protect themselves.
- 5. **Isolation:** Missioners who become ill with certain infections may be isolated when necessary, at the discretion of the Medical Team leader or the trip leader. Isolation will typically remain in place until 24 hours after fever of symptoms have subsided, or as long as the Medical Team deems necessary.
- 6. **Exclusion:** In rare circumstances, an ill missioner may need to be sent home for medical reasons. In the event of a missioner's non-compliance with medical recommendations, the trip leadership will have the authority to send that individual home at his/her own extra expense.
- 7. **Notification of Public Health Authorities:** As required by the public health authorities of the missioner's country of origin, a report of the medical situation and public health follow-up will occur as per established recommendations.

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